



Sun Safety Questionnaire

Please circle your answers to the following true or false statements.

1. You do not need to use sunscreen if you will be staying in a shaded area.
True or False?
2. You will get sunburned faster if you are in the water.
True or False?
3. Sun exposure is considered the single greatest risk for developing skin cancer.
True or False?
4. Skin cancer affects only light-skinned people.
True or False?
5. The sun's strongest rays occur between 10 a.m. and 4 p.m..
True or False?
6. If you are in good health and your doctor has not restricted how much fluid you should have, you should drink at least 16 to 32 ounces of water an hour to adequately replace fluids when working in a hot environment.
True or False?
7. Certain over-the-counter and prescription medications can increase your sensitivity to the sun.
True or False?



Sun Safety Questionnaire Answers

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